

# THE CHILD ABUSE PREVENTION CENTER



For nearly 50 years, The Child Abuse Prevention Center has been a local, state, and national service, training, advocacy, and resource center dedicated to protecting children and strengthening families.

Located in Sacramento, CA, The CAP Center is home to several unique entities that each take a complementary approach to preventing child abuse. By providing an array of direct service and capacity building programs across the spectrum of prevention, The CAP Center's vision is for all children to grow up safe and healthy in nurturing families and communities.



**Child Abuse Prevention Council**  
*of Sacramento, Inc.*



**Prevent Child Abuse**  
California

Our founding entity has led child protection efforts in Sacramento County, pioneering successful child abuse prevention programs that have become models for other groups throughout California and the nation.

## **Birth & Beyond FRC Collaborative**

Nine strategically located and coordinated Family Resource Centers providing home visitation, parent education, and crisis support

## **Health Initiatives**

Black Infant Health (BIH) and Safe Sleep Baby provide tailored support and education to reduce disparities in maternal and infant mortality

## **Collaboration & Impact**

Sacramento's Child Death Review and Prevention Cabinet convene multi-disciplinary teams to develop data-driven prevention strategies

## **Training Department**

Culturally-responsive and evidence-based trainings build the capacity of child and family serving professionals across the region

As the California state entity of the national Prevent Child Abuse America network, PCA-CA develops collaborative networks and provides TA and advocacy for child and family serving agencies across California.

## **California Family Resource Association (CFRA)**

Leads policy advocacy and network development on behalf of FRC members to promote prevention, strengthen families and communities, and reduce disparities in outcomes

## **Strategies TA**

Provides bespoke technical assistance and capacity-building support for community organizations and networks to advance family strengthening, primary prevention, and community-driven collaboration

## **Coalition for Victims of Child Abuse (CVCA)**

Unites professionals and agencies across the state to strengthen the network of support services for child victims and their families

Learn more at  
**[TheCAPCenter.org](http://TheCAPCenter.org)**

## **Child Abuse Prevention Political Action Committee (CAP PAC)**

Our 501(c)4 engages in outreach and education to elected officials, government organizations, and the public to advocate for prevention focused policy.

## CHILD DEATH REVIEW TEAM & FETAL INFANT MORTALITY REVIEW

Started in 1989, the Sacramento County **Child Death Review Team (CDRT)** is a multidisciplinary team working to identify how and why children die so that strategies to prevent future child deaths are implemented. Added in 2015, the **Fetal Infant Mortality Review (FIMR)** reviews deaths of those born prior to 23 weeks of gestation or of fetal demise and adds information on prenatal risk factors and stressors.

Building on the work of CDRT and FIMR, The CAP Center enters case information into the Center for Disease Control and Prevention (CDC) **Sudden Unexpected Infant Death (SUID) Case Registry** in an effort to increase access to high-quality, timely data for SUIDs, with information on disparities and social determinants of health. This increases implementation of policies and practices that reduce inequities in investigation practices and increases implementation of data-driven strategies to prevent SUID.

### Purpose of CDRT

- Review all child fatalities (0-17) and identify all child abuse-related deaths
- Enhance investigations through multi-agency reviews
- Develop a statistical description as overall indicator of the status of children
- Develop recommendations for preventing and responding to child deaths

**FIMR** further reduces fetal and infant deaths by identifying social or systemic barriers that require change and developing recommendations for systems change.

### Key Outcomes

CDRT and FIMR Annual Reports to Sacramento County Board of Supervisors have contributed to the creation of:

- ✓ Birth & Beyond FRC Collaborative
- ✓ Blue Ribbon Commission
- ✓ Safe Sleep Baby Education Campaign
- ✓ Black Child Legacy Campaign
- ✓ Child Safety Forward, Prevention Cabinet

### CDRT Members

- Law Enforcement
- District Attorney
- County Coroner
- CA Children's Services
- Probation
- Child Protective Services
- All County Hospital Systems
- Fire Departments & Early Responders
- Epidemiology & Disease Control
- Maternal, Child, & Adolescent Health

### FIMR Members

- County Coroner
- Child Protective Services
- CA Children Services
- Epidemiology & Disease Control
- Maternal, Child, & Adolescent Health
- All Local Hospital Systems
- Vivant Health



# SACRAMENTO COUNTY PREVENTION CABINET



Launched in 2019 the Child Safety Forward Sacramento Prevention Cabinet serves as a partnership of public and private multidisciplinary agencies who work collaboratively to develop a coordinated response to effectively identify and address child abuse and neglect deaths and critical injuries. The CAP Center convenes this county-wide collaboration of executive leaders and community representatives, who embrace the opportunity and challenge to further analyze child abuse and neglect data, examine social determinants of health, review current policies and procedures, and use this information to implement a ten-year (2020-2030) strategic plan to prevent child abuse and neglect deaths and critical injuries across the County.

## Goals

### Positive Change Statement

Sacramento County’s children, youth, and families are safe, healthy, and able to thrive at home, in school, and in their communities through the county’s commitment to valuing and supporting the needs of our diverse population.

### Vision

Sacramento County will eliminate child abuse and neglect deaths and critical injuries by 2030.

### Mission

All Sacramento County systems will be integral parts of a multidisciplinary system of care to provide support to families.

### Public Health Approach

A shared responsibility to protect children by grounding decisions in data, providing multi-disciplinary support to families, and systems leadership and accountability.

## Strategies

### Community, Parent, and Youth Voice

Recognize the need for the intentional and genuine engagement of those with lived expertise

### Racial Equity

Implement strategies that reduce disparities of child abuse and neglect, addressing policies, practices, norms, and narratives

### Trauma-Informed Systems & Practices

Address trauma resulting from, and risk factors associated with, child abuse and neglect

### Building & Implementing a System of Care

Increase collaboration to build healthy communities built on multi-tiered systems involving agencies across public and private service fields

## Prevention Cabinet Representation

- Probation
- Public Benefits
- Public Health
- Tribal Groups
- Community Representatives
- Child Abuse & Neglect Service Providers
- Black Child Legacy Campaign
- Judicial System & Law Enforcement
- Kaiser & UC Davis Health Care Systems
- Community, Cultural, and Faith Groups
- External Evaluator and TA Providers
- Department of Child, Family, and Adult Services
- Department of Health Services
- Department of Child Support Services
- Department of Human Assistance
- County Office of Education
- First5 Sacramento



# COMMUNITY REPRESENTATIVE FEEDBACK

“Being a Prevention Cabinet Member and Community Representative has provided me with the opportunity to be a part of the work that is being done to increase child safety. I love the transparency from all the different partners and the fact that I can contribute by sharing feedback and inputs. As a parent, this is empowering!”

“This project allows my children to witness my participation and what it is like to be part of a team, civic duty, and ongoing problem solving, a life skill.”

“My experience with the prevention cabinet has been so fulfilling. As an engaged neighbor and citizen, the cabinet has allowed me to witness first hand actual professionals that are driven by purpose and not monetary influence. The various agencies’ leaders have been super articulate in demonstrating the need for this work and providing common sense strategies in trying to solve the problem of child abuse.”

## WHAT ARE THE POSITIVE CHANGES/OUTCOMES OF THE PREVENTION CABINET’S EFFORTS?



## INNOVATIVE PARTNERSHIPS

### PROGRAM:

# NORTHEAST REGIONAL CAPC NETWORK



Since 2016, The CAP Center's Innovative Partnerships Program (IPP) has convened the Northeast Regional Network of Child Abuse Prevention Councils (CAPCs). This collaborative space supports each county CAPC towards shared goals of child abuse prevention through family strengthening. IPP's Northeast Regional Network promotes state and local prevention agendas and strengthens local community pathways in order to build protective factors and improve child and family well-being. In particular, this initiative focuses on coordinating efforts to mitigate poverty, mental health, and substance use as risk factors for child maltreatment. This initiative is made possible with funding from the California Department of Social Services, Office of Child Abuse Prevention (CDSS, OCAP).

Any opinions, findings, conclusions and or recommendations expressed are those of The CAP Center and do not necessarily reflect the views of the CDSS.

## IPP Provides

- ✓ Regional forum of 14 CAPCs
- ✓ Cocreation of prevention resources & customizable toolkits
- ✓ Capacity building grants
- ✓ Evaluation and sustainability planning using Strengthening Families Framework
- ✓ California Kid's Plate implementation to prevent unintentional injuries, including distribution of life jackets, car seats, and cribs

## Publications & Resources

- Opioid Resource Toolkit
- Safe Beginnings Toolkits:
  - Water Safety
  - Poison Prevention
  - Fall Prevention
  - Burn Prevention
  - Unsafe In-Home Products
- Family Mental Wellness Toolkit
- Mandated Child Abuse Reporter Training resources

*For Child Abuse Prevention Month 2025, the IPP Northeast Regional CAPC Network reached approximately **1,789,082** individuals through a wide range of outreach including door-to-door, school and community events, news media, publications, social media, and educational workshops.*

## Northeast Regional Partners

- Alpine
- Butte
- El Dorado
- Inyo
- Lassen
- Modoc
- Mono
- Nevada
- Placer
- Plumas
- Sacramento
- Sierra
- Sutter
- Yolo
- Yuba



## FAMILY SUPPORT COLLABORATIVE



The Sacramento County Board of Supervisors first created the Family Support Collaborative (FSC) in 1998. The FSC is a public and private community collaboration with the goal of preventing child abuse and neglect, encouraging early intervention, and increasing treatment services for families with children. Coordinated by The CAP Center in collaboration with six nonprofits listed below, the FSC launched Birth & Beyond in 1999. This network of nine coordinated Family Resource Centers has provided quality community-based programs and services to prevent child abuse and neglect throughout Sacramento County. B&B's FRCs serve as neighborhood hubs providing an array of family strengthening services in specific Sacramento County zip codes.

Birth & Beyond is made possible with funding by Sacramento County First5, DCFAS, and DHA.

### B&B Services

- **Home Visitation** to 900+ caregivers annually
  - Parents as Teachers (0-5)
  - Nurturing Parenting Program (6-17)
- **Group Supports & Connections** activities to 4,000 caregivers and children annually
- **Court Ordered Group Parenting Education Workshops** to 400+ CPS referred caregivers
  - Make Parenting A Pleasure
  - Effective Black Parenting
- **Crisis Intervention & Case Management** support to 1500+ caregivers annually
  - Family Strengths Builder Questionnaire

### Key Outcomes

- ✓ Children 0-17 who received 8+ hours of B&B home visiting were **over 3 times less likely** to have a substantiated CPS recurrence compared with a matched countywide sample.
- ✓ Children 0-17 who received 12+ hours of B&B home visiting were **4.5 times less likely** to have substantiated CPS recurrence.
- ✓ Children 6-17 who received 8+ hours of B&B home visiting experienced **ZERO substantiated CPS recurrence**, compared with 6.8% in the county matched sample.



B&B services are available to any family residing in Sacramento County, with specific attention and outreach to African American and Black families, those with children under the age of 5, young parents under age 25, families with very low household incomes, prior CPS involvement, and/or high Structured Decision Making (SDM) scores.



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Learn more at [Birth-BeyondFRC.com](http://Birth-BeyondFRC.com)

## BIRTH & BEYOND SUCCESS STORY

“Betty” is actively participating in the Birth & Beyond Home Visitation program. She is incredibly grateful for the program, sharing that it has greatly assisted her with parenting and strengthened her bond with her children. Through these sessions, she has gained valuable insights into child development, positive discipline methods, and effective communication strategies.

Before joining the program, Betty faced challenges in understanding her children’s behaviors and responding to their needs effectively. However, with the guidance and support from the lessons, she now feels more confident and empowered as a parent. By applying the strategies she’s learned, she has seen noticeable improvements in her children’s behavior and in the overall family dynamic.

In addition to her personal growth, Betty has shown a strong interest in becoming more active in her community. She has begun sharing her experiences with other parents and encouraging them to seek support when necessary. She hopes to keep learning and, in the future, contribute to programs that assist families like hers.

The Birth & Beyond Home Visitation program has had a truly transformative impact on Betty and her family, offering not just educational resources but also emotional support that has created a lasting positive change in their lives.



# THE CHILD ABUSE PREVENTION CENTER TRAINING DEPARTMENT



Since its inception in 1976, The CAP Center has been providing training and technical assistance to build capacity within the field of child and family services, as well as the community at large. The Training Department develops training curricula to support community agencies throughout Sacramento County, with a focus on the nine Family Resource Centers in the Birth & Beyond Collaborative.

The CAP Center training courses are culturally responsive, evidence and competency-based, and tailored to meet the needs of each agency. Through interactive workshops offered both virtually and in-person, live and self-paced, participants build the knowledge and skills to provide quality support services and achieve positive outcomes for children and families.

## The CAP Center's Curricula

- Mandated Child Abuse Reporter Training (MCART)\*
- Commercial Sexual Exploitation of Children (CSEC)\*
- Impacts of Violence on Children
- Facilitating Change using Motivational Interviewing
- Family Advocacy & Navigation
- Serving Families with Differing Abilities
- Child Development
- Conflict Resolution
- Boundaries & Ethics
- Cultural Humility in the Workplace
- Trauma Exposure & Self Care

*\*Free to all Sacramento County agencies*

## Evidence Based Programs

### Training & Technical Assistance to B&B

- Parents as Teachers (PAT)\*\*
- Make Parenting a Pleasure (MPAP)
- Nurturing Parent Program (NPP)
- Effective Black Parenting Program (EBPP)
- Healthy Outcomes from Positive Experiences (HOPE)
- Ages and Stages Questionnaire (ASQ-3, ASQ:SE-2)
- Protective Factors for Strengthening Families
- Adult & Youth Mental Health First Aid

*\*\*The CAP Center is the CAPC / B&B PAT Affiliate*

*In the 2024-2025 program year,  
The CAP Center's Training Department  
provided **162 training sessions** to a  
total of **1,007 participants**.*

Learn more and register for a  
The CAP Center training by emailing  
[TrainingTeam@TheCAPCenter.org](mailto:TrainingTeam@TheCAPCenter.org)



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# TRAINING FEEDBACK

In response to the question,  
*"In your opinion, what was the most valuable part of this training?"*  
The CAP Center training recipients shared...

## Trauma Exposure & Self-Care

"It reminded me of why I am in this work. It's not just a job, it is what I want to do."

## Mandated Child Abuse Reporter Training (MCART)

"I think the most valuable part was how knowledgeable the trainers were. I had a lot of questions and they answered efficiently and respectfully. I enjoyed the part about cultural responsiveness because it showed different perspectives."

"It was very engaging and helpful. Anything that anybody in the training needed help with, even a simple explanation, the trainers were ready to help."

"The most valuable part of the training was learning how to distinguish between actual neglect or abuse from situations where parents simply lack the necessary resources."

## Mental Health First Aid

"Mental health can be a difficult conversation to have with anyone. I at least know how to start a conversation now if I ever became concerned about a person who I think may need help. It was also great to hear ideas on self-care and the steps to take to better my mental health."

"The trainer was great, very knowledgeable and concise. You can tell she has done the training many times and has it down. She was great about answering any questions as well as holding space if anyone shared anything. Very friendly and approachable!"



# SAFE SLEEP BABY

**A**LONE  
**B**ACK  
**C**RIB  
ALWAYS!



Spurred by the 2014 Blue Ribbon Commission to reduce disparities impacting African American and Black children in Sacramento County, the Safe Sleep Baby program aims to prevent sleep-related infant deaths and eliminate racial disparities in infant mortality by combining education, direct support, and system-level change. As the lead agency for Sacramento County, The CAP Center provides direct caregiver education while also training community partners, hospitals, and clinics, and offering ongoing technical assistance to ensure consistent, sustainable implementation of safe sleep practices. SSB's goals are to ensure every baby has a safe place to sleep, every caregiver understands the ABCs of safe sleep (Alone, on their Back, in a Crib), and every system that serves families reinforces these practices. Through these combined efforts, SSB strengthens both families and systems to create lasting, countywide change in infant safety and well-being.

## Caregiver Services

- 1-hour SSB Workshop
- Free cribs for families needing a safe sleep environment
- Follow-up support to assess behavior change and other helpful referrals

## Partner Collaboration

- 3-hour Train-the-Trainer Workshops
- Technical Assistance to hospitals and clinics to embed safe sleep policies and education
- Continuous data collection and quality assurance to measure outcomes and strengthen efficacy

## Annual Outcomes

- ✓ 1,000+ caregivers educated & 600+ cribs given
  - 32% identify as African American
  - 61% live in RAACD focus zip codes
- ✓ At follow up:
  - 94% were using cribs consistently
  - 89% always placed babies on their back
  - 81% avoided blankets or pillows
- ✓ 300+ healthcare and community professionals were trained to provide SSB

As of 2022, Sacramento County recorded a **56% reduction** in black infant sleep-related deaths and a **58% decrease** in the racial disparity gap

### SSB integrates national best practices with locally developed, culturally responsive curricula.

Core tools include the American Academy of Pediatrics (AAP) Safe Sleep Guidelines (2022 Update), the Cribs for Kids National Safe Sleep Curriculum, and the Safe Sleep Baby Parent and Caregiver Education Curriculum, developed by CAPC. CAPC also created a health-care specific Curriculum and companion *Motivational Interviewing for Safe Sleep Engagement Training* to equip hospital and clinic partners with practical strategies for initiating meaningful, nonjudgmental conversations about safe sleep.



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Email us at [SSB@TheCAPCenter.org](mailto:SSB@TheCAPCenter.org)



## SAFE SLEEP BABY SUCCESS STORY

"At the time of the workshop, I was 27 weeks pregnant. I had a nice experience while taking this workshop. My conversation with Ms. Kembra was warm, engaging, informative, and at times delightfully comical. Realizing the resources that are available today versus back then was refreshing."

My belief is that advocacy paired with support and resources can make a true difference. That said, I encouraged two members of my personal support system, my mom and my aunt, to take the course as well. It was interesting to see their expressions, as well as hear their opinions and comments while taking the workshop for themselves. It was especially interesting because they each come from two different generations than me, when things were different. Overall, I think the program provides good information for keeping a baby safe while sleeping.

Considering the demographic that is affected, all information is essential. The education provided in this workshop not only pertained to sleep but covered several topics that are imperative to keeping a baby safe, happy, and healthy. Additionally, mothers and their support team can benefit from the material provided in the program because it will give them a peace of mind, aid in their own health precautions, and allow them to pass the information along to someone else. Reach one, teach one, can be implemented by the Safe Sleep Baby Crib Program. Our responsibility as parents, advocates, and community is to set a foundation for the generations to come, to ensure they receive the greatest benefits that program hopes to achieve."



# BLACK INFANT HEALTH



Empowering Pregnant and Mothering  
African-American Women



The Black Infant Health (BIH) Program empowers Black and African American birthing people to build resilience, strengthen families, and reduce the impact of systemic and social inequities on maternal and infant health. Grounded in equity and cultural affirmation, BIH promotes healthy behaviors during pregnancy and postpartum including regular prenatal care, breastfeeding, safe sleep, and stress management while fostering strong relationships, parenting confidence, and emotional well-being. Since 2019 The CAP Center has implemented this holistic and evidence-based state-wide mode as one of two Sacramento BIH sites working to connect families to essential medical, social, and economic services and mobilize the broader community to create supportive environments where Black mothers, birthing people, and families can thrive.

## BIH Services

- **Prenatal & Postpartum groups**
  - Each series provides culturally centered education and social connection
- **1:1 Case Management & Life Planning**
  - Birth Preference Planning
  - Health and Wellness Screenings
  - Home Safety & Injury Prevention Skills
  - Safe Sleep Education
- **Case Conferences & Care Coordination**
- **Multi-disciplinary support** from Public Health Nurse, and Mental Health Professionals, and Family Health Advocates

## State BIH Outcomes

Statewide evaluations by the California Department of Public Health across all 17 BIH sites show significant positive changes in participants' overall well-being:

- 60% reduction in feelings of isolation
- 35% decrease in depressive symptoms
- 38% increase in use of stress management
- 51% reduction in smoking
- 45% decrease in food insecurity
- 33% increase in safe sleep intentions
- 90% reported BIH helped them build confidence

## BIH Eligibility

- Self-identified Black or African American
- Woman or birthing person 16 years or older
- Pregnant (up to 30 weeks gestation) or postpartum (up to six months) at enrollment

## The CAP Center's BIH

- 200+ Black birthing individuals served annually
- Exceeded annual target by 36%
- Serves as a model site to BIH state-wide

Email us at [BlackInfantHealth@TheCAPCenter.org](mailto:BlackInfantHealth@TheCAPCenter.org)



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# BLACK INFANT HEALTH SUCCESS STORY

A recent BIH participant expressed overwhelm at the challenges she faced. Pregnant and the mother of a 6-year-old boy, she shared the heavy burden of being unhoused in Sacramento. Struggling to find stable shelter, she believed she had reached out to every shelter in the area and was on multiple lists for housing, but there was still no immediate relief in sight.

During the life plan check-in with her BIH Family Health Advocate (FHA), the mother was noticeably in distress. She was staying in a motel but was given notice that she would need to vacate by noon that day. With her son set to be released from school shortly, she feared having nowhere to go.

Understanding the stress and urgency of the situation, her FHA offered emotional support and a listening ear. The FHA then provided information on shelters, transitional housing sites, and organizations that provided motel vouchers. The participant shared that she had not reached out to these organizations yet and was relieved to have been given new information. Taking a proactive approach, they worked together to contact each organization to explore available options. After numerous calls and persistent efforts, they finally found an organization willing to provide a voucher for a few more nights of shelter.

Throughout the process, the FHA showed empathy, understanding, and unwavering support, empowering the participant to practice self-advocacy. Two weeks later, the FHA followed up, and the participant shared the incredible news: she had been approved for housing and was in the process of moving into her new home.

Grateful for the support and empowerment she received, the participant thanked her FHA, saying, "You helped me stay strong for myself and my family, thank you so much for helping me when things felt impossible."



THE CALIFORNIA

# COALITION FOR VICTIMS OF CHILD ABUSE



The California Coalition for Victims of Child Abuse (CVCA) unites professionals and agencies across the state to strengthen the network of support for child victims and their families. CVCA supports the delivery of high-quality therapeutic services by providing education and training opportunities and promoting access to rural grant funding. Originally launched as the Statewide Child Abuse Training and Technical Assistance program in 2016, in collaboration with the CA Governor's Office of Emergency Services (CAL OES), CVCA now represents approximately 60 organizations, including nonprofits, county agencies, and community-based programs and partners with more than 100 professionals statewide committed to improving outcomes for children and families affected by abuse.

## CVCA Goals

- Promote coordination among service providers and allied agencies
- Enhance resources and expand access to care for child victims and their families
- Deliver high-quality training and technical assistance
- Strengthen communication with subrecipients of the California Office of Emergency Services (OES) Program

## CVCA Offerings

- ✓ Online directory of statewide child abuse treatment agencies and direct service providers
- ✓ Quarterly continuing education symposiums with field expert speakers
- ✓ Technical Assistance and Communities of Practice to deepen symposium learnings
- ✓ Newsletter with tools and resources to connect children and their care-providers to appropriate support services

*CVCA was established to enhance the quality, accessibility, and impact of services for child victims and their families. CVCA provides leadership, vision, and resources to organizations committed to preventing and ending child abuse, while fostering collaboration and consistency in service delivery statewide.*

Learn more at [CVCAS.org](https://www.cvcas.org)



# STRATEGIES TECHNICAL ASSISTANCE



First established in 1990 by the California Office of Child Abuse Prevention (OCAP), Strategies TA builds the capacity of California's child- and family-serving systems to advance family strengthening, primary prevention, and community-driven collaboration. Co-led by The CAP Center and All for Kids, Strategies TA provides bespoke technical assistance and capacity-building support for community organizations and networks. This strengthens the movement for primary prevention and elevates community voice in county and state prevention planning by supporting statewide networks of California Child Abuse Prevention Councils (CAPCs), Family Resource Centers (FRCs), and other family-strengthening organizations.

## Services Offered

- Customized TA for county prevention planning
- Capacity building for county collaborations, FRCs, FRC Networks, and CAPCs
- Community of Practice, learning cohorts, and interagency workgroup facilitation
- Resource development including briefs, toolkits, implementation guides
- State and regional convening planning
- Platform management and community engagement on CalPrevents

## Achievements

- ✓ 50+ county prevention teams supported annually
- ✓ **CalPrevents**, California's first virtual networking community for prevention professionals, engages 1,000+ unique members and 50+ participants in 3 Community of Practice hubs
- ✓ 1,500+ registrants attended the annual Collaborative Prevention Convening
- ✓ Best Practices for Child Abuse Prevention Councils published in 2020

Participation is open to community-based organizations, local and regional networks, and county collaborations engaged in prevention planning or service delivery. Current participants represent urban, suburban, and rural counties statewide with diverse racial, cultural, and linguistic backgrounds.

*This initiative is made possible with funding from the California Department of Social Services, Office of Child Abuse Prevention (CDSS, OCAP). Any opinions, findings, conclusions and or recommendations expressed are those of The CAP Center and do not necessarily reflect the views of the CDSS.*

Learn more at [StrategiesCA.org](https://StrategiesCA.org)



# THE CALIFORNIA

# FAMILY RESOURCE ASSOCIATION



California Family  
Resource Association  
*Strong Families. Strong Communities.*

Founded in 2005 and facilitated by The CAP Center since 2016, the California Family Resource Association (CFRA) is the statewide network representing Family Resource Centers (FRCs) and family strengthening organizations. Open to FRCs, local FRC networks, community-based organizations, and allied partners engaged in family and community well-being. Annual dues are scaled by organization type, training certification, and parent leadership/student involvement. **CFRA's mission** is to build the capacity of members to promote prevention, strengthen families and communities, and reduce disparities in outcomes.

## Key Focus Areas

### Advocacy & Policy Leadership

Coordinate statewide policy campaigns, legislative visits, and advocacy training to elevate prevention and FRC funding.

### Capacity Building & Technical Assistance

Provide statewide training, TA, and peer learning to strengthen FRC quality, sustainability, and equity.

### Network Development & Collaboration

Connect 200+ FRCs and family strengthening partners across 52 counties for shared learning and statewide coordination.

### Communications & Awareness

Amplify FRC impact through convenings, advocacy toolkits, and statewide visibility campaigns

## Achievements

- ✓ 225+ statewide members spanning 52 counties
  - Most CFRA FRCs serve racially and economically diverse families
  - 70% of clients identify as BIPOC
  - 60% serve rural or frontier communities
- ✓ 800+ individuals annually attend CFRA trainings, convenings, and committees
  - Annual convenings draw 300+ leaders, parents, and partners to engage in network strategy.
- ✓ 120+ organizations certified in National Family Support Network Standards
- ✓ \$16M in Covid-19 Relief Funds administered across 386 FRCs, supporting 473,367 individuals statewide (2020-2023)

## CFRA Trainings

- CFRA Advocacy Academy
- NFSN Standards of Quality for Family Strengthening & Support (Certified Trainers)
- Strengthening Families™ Protective Factors Framework
- Community Engagement & Representation

## Collaborating Partners

- CDSS, Office of Child Abuse Prevention
- CA Child Welfare Council
- National Family Support Network
- First5 Association
- Safe & Sound
- Strategies TA
- CalTrin

Learn more at [CaliforniaFamilyResource.org](https://CaliforniaFamilyResource.org)

